

CDC Vital Signs

Daily Pill Can Prevent HIV

This program is presented by the Centers for Disease Control and Prevention.

Preexposure prophylaxis, or PrEP, is a medicine taken daily that can be used to prevent getting HIV. PrEP is for people who don't have HIV but who are at very high risk for getting it from sex or injection drug use. Unfortunately, many people who can benefit from PrEP aren't taking it.

Health care providers:

- Test patients for HIV as a regular part of medical care,
- Discuss HIV risks and prevention methods, including condom use, with *all* patients,
- Follow the 2014 PrEP Clinical Practice Guidelines to perform recommended tests and prescribe PrEP,
- Counsel patients on how to take PrEP every day and help them apply for insurance or other programs to pay for it, and
- Schedule appointments for patients using PrEP every three months for follow-up, including HIV testing and prescription refills.

To learn more, visit cdc.gov/vitalsigns.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.